

FREE



Ashford and St. Peter's Hospitals  
NHS Foundation Trust

# RadioWey's SOUND.

THE OFFICIAL PATIENTS' MAGAZINE

Have an event  
coming up...

Why not book our team  
of talented presenters?



Your health and  
**feel-good**  
radio station

Listen at

**RadioWey**  
.org



## in this issue...

3. Foreword from Caroline Warner
5. Welcome to Sound
7. 5 easy ways to listen to Radio Wey
9. Did you know?
13. Message from Pete Bray
15. Hospital Broadcasting
17. The joy of speaking about Classical Music and Eurovision
21. Outside events
22. The Way we were
26. Feel-Good radio
30. Meet the team
43. Dingbats
45. Training and recruitment
48. Hospital Information - Your guide to Ashford and St Peter's Hospitals
51. Chaplaincy
53. Community Helpline directory
55. Answers



To view this magazine online  
please scan this code, or visit:  
[www.chertsey.smilepublications.com](http://www.chertsey.smilepublications.com)

# foreword

from Caroline Warner

**Hello Radio Wey magazine readers! Please allow me to introduce myself. My name is Caroline Warner and I am the new Chair of Ashford and St Peter's Hospitals' NHS Foundation Trust.**

I am delighted to have been invited to write this foreword for the 2024 edition of the Radio Wey magazine. Thank you.

It has been a wonderful discovery to find that, in the grand tradition of hospital radio, we have our very own station with a schedule of excellent shows that span music and news as well as health and wellbeing discussions. I am very impressed to find that Radio Wey has been broadcasting for more than half a century and that the quality of work has been recognised over the years by Gold and Silver awards at the National Hospital Radio Awards as well as with the Queen's Award for Voluntary Service. How many patients and their families must have had their days brightened by these shows over so many years!

That Radio Wey is an entirely volunteer-led initiative is just wonderful. Thank you to each and every one of the dedicated team of producers, technicians and presenters who make this all happen. I am looking forward to meeting the Radio Wey team and to enjoying listening to all the shows. I notice that song requests are encouraged so I warn you that I will not need much encouragement to take up that opportunity!

I also understand that the team is continuing to go out into the community with their mobile unit, highlighting their work for Ashford and St Peter's Hospitals. I hope you will join me listening into and enjoying Radio Wey during your stay in hospital and when you return home. We can also tune in at [www.radiowey.org](http://www.radiowey.org) and listen live.



“

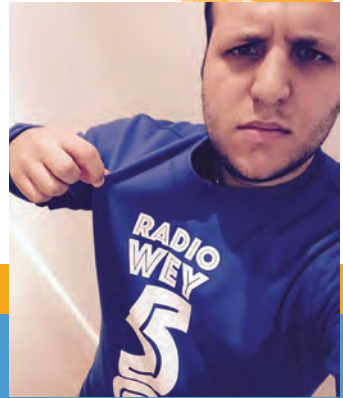
**How many patients and their families must have had their days brightened by these shows over so many years!**

**Caroline Warner**

Chair of Ashford and St Peter's Hospitals' NHS Foundation Trust

# welcome to **SOUND.**

THE OFFICIAL MAGAZINE OF RADIO WEY



**Welcome to Radio Wey! We are a hospital radio station run by over 60 proud and selfless volunteers. Radio Wey serves to entertain and inform audiences of patients exclusively at Ashford and St Peter's Hospitals, as well as the wider community.**

Radio Wey has always been passionate about its goals and duty of care to its prime audience, the patients. Over the years as chairman I have overseen the continued growth of Radio Wey, ever expanding our reach - and the response as always has been both wonderful and rewarding for everyone involved.

Over the last few years, Radio Wey has grown tremendously with the continued help and support from the Ashford and St Peter's Hospitals NHS Foundation Trust. Radio Wey now has more requests and music shows than ever before, broadcasting online and to patients in multiple wards. These shows get played out over 50 WiFi radios which you can spot around both hospitals. The patients and staff thoroughly enjoy the service we provide and are always happy to see some smiling faces when our volunteers collect requests.

Radio Wey is shaking up it's on air content. We have a refreshed schedule; offering more request shows and

health focused messages. This means you'll be seeing more request teams visit the wards to collect your song request to bring a smile to your visit. We have also continued to upgrade our studios: finishing a second phase of new radio consoles which continues to help us broadcast 24 hours a day. With all the outside broadcasts we have to offer, as well as the other range of shows on Radio Wey, we couldn't be more excited about what this year has in store!

We trust you will enjoy this year's edition of our patients' magazine and I encourage you to explore what Radio Wey is all about and the difference we make as a charity. Every member who volunteers at Radio Wey really enjoys their time, in any capacity in which they help out at the station. However, we are always looking for new members and support for our cause. If you are interested in finding out more at looking for ways in which you can support us or would just like to listen - please take a look at our website: [www.radiowey.org](http://www.radiowey.org)

**Warmest Regards**  
**Marc Bakos**



# 5 easy ways

## to listen to Radio Wey

1

### WI-FI SPEAKERS

We have placed internet WiFi Radios in the wards which are all pre-set to play Radio Wey. Ensure the power is switched on. The controls are on the top of the speaker. The four buttons are:

**Play/Pause | Volume-Down | Volume-Up | Select Radio Wey**

Please report any issues to [info@radiowey.org](mailto:info@radiowey.org) giving the speaker location and speaker name (see label on the back)

2

### LISTEN ON PC, MAC OR SMART PHONE

Use your internet browser to go to [www.radiowey.org](http://www.radiowey.org)

**Click / tap on Listen live • Click / tap the Play icon**

3

### LISTEN ON SMART PHONE USING TUNEIN APP

If TuneIn is not already installed, open Play Store or App store. Search for TuneIn and install this free app onto your phone. Once installed, Open the TuneIn app, search for Radio Wey. Press the Play button!

4

### LISTEN VIA AMAZON SMART SPEAKER

It works best if you spell out WEY: “Alexa - Play Radio W E Y on TuneIn” This technique works for Google smart speakers also.

5

### LISTEN VIA UKOnlineRadio

Using your browser, go to [www.ukonlineradio.com/radiowey](http://www.ukonlineradio.com/radiowey). Press the Play button!

### MAKE A REQUEST?

☎ 01932 874433 or using the free internal number 2017

✉ [studio@radiowey.org](mailto:studio@radiowey.org)

### FOLLOW AND LIKE US ON

f [/radiowey](https://www.facebook.com/radiowey)

t [@radiowey](https://twitter.com/radiowey)

# DID YOU KNOW?

...that there is your very own hospital radio station here at the Trust?

**As the Programme Controller, I have the responsibility for the programme output at the station and we need to keep in mind our audiences and the different types of programmes we can offer. We realise that there is plenty of choice out there, not only from the national radio stations but also the commercial stations and the other local radio stations. And not forgetting all the other ways you can be entertained.**

At Radio Wey, our aim is to provide entertainment, which is local, unique and focussed on our communities of the hospitals and care homes as well as aiding with the relief of sickness, poor health and age-related conditions amongst people in our local catchment area of Runnymede, Spelthorne, Elbridge and Woking. Hence, we can be considered as a hospital, health and well-being radio service.

We all realise that nowadays people have more choice: they can be entertained at home by the traditional means of television, radio and playing CDs or records on their stereo systems. However there is now the internet, smartphones, digital media and the ability to download entertainment.

You also get entertainment through laptops, computers and all sorts of gizmos. Looking to the hospitals, patients nowadays are not generally kept in for long periods of time and in most cases, certain treatments and minor operations are carried out within the day.

Thus, Radio Wey has made changes to keep up with the other choices people can make. We continue to broadcast to the two hospitals and we have installed specialised speakers in the wards which are tuned to Radio Wey. If you would like one by your bedside during your stay, please ask a member of the ward staff.

We also broadcast via the internet and you can hear us through any computer or smartphone via our website **[www.radiowey.org](http://www.radiowey.org)** or via the Tuneln app. We can also be heard on smart speakers via the Tuneln app. We continue to work with the various areas of the Hospital Trust to bring you news of events through our series of Hospital Watch bulletins. We have undertaken interviews and promotions with the dieticians, the well-being groups, maternity groups and the Sleepy Eyes project to help promote their services as well as improve your stay in hospital.



At the heart of our programme schedule are the ward request shows, where we visit the patients and staff and collect your musical choices. We then play them either later that day or the following day on air. Many of our ward request shows are also repeated the following day after broadcast. Meeting the patients and chatting to them is a key part of what hospital radio is all about and this makes us provide a unique service. You will see elsewhere in this magazine an article about the impact that Hospital Radio has with the patients and staff and we are grateful for the part we play in that.

We have struggled with ward visiting due to the restrictions imposed due to the pandemics of both Covid and flu however our aim in the coming year is to be able to visit every ward at least once a week and play your musical choices on air. If we miss you or you just want to get a mention on air then you can call the studio on **01932 874433** or **2017** on the internal system at St Peters and Ashford Hospitals. Press option 2 to leave a recorded message of your request or shout out or option 1 to speak to our presenter. Alternatively, send an email message to **studio@radiowey.org**

Our schedule is varied and extensive and we broadcast 24 hours every day with live shows each day from 9am to 10pm. We cater for all musical tastes – for example, we have Jazz Music, Rock Music, Gospel Music, Album tracks and Classical Music. We also provide a weekly one-hour programme of local news produced by the team from Elmbridge, Runnymede and Spelthorne Talking Newspaper. To put a smile on your face and give you a giggle, we also have a comedy hour where we



broadcast extracts from classical comedy sketches.

We have guests from local charities, other organisations and groups as well as celebrities and stars popping into the studios and joining us on air during the day. So you can see we have a lot to offer and all the details and news of our programmes can be found on our website [www.radiowey.org](http://www.radiowey.org).

The world is a changing place and so we need to continue to change and adapt and so if you have an idea for a programme, or a genre of music you think would fill a gap, please do let me know. If there is something that we broadcast and you don't like it, I want to hear from you too. I appreciate all feedback, both good and bad, as we can only get better if we are serving our listeners as everyone has a choice and they can so easily go elsewhere. I can be contacted via my email address [andy@radiowey.org](mailto:andy@radiowey.org) or you can call the studio on **01932 874433** and leave a message for me.

---

**Andy Brown**  
Programme Controller

# message

from Pete Bray

**If you're reading this in hospital, you may not be feeling 100% but I hope that Radio Wey helps you to feel a bit better through our wide range of music and variety of presenters!**

I've been a proud member of the station since 1977 (no, I can't believe it either!) and done many things over the years, including presenting my weekly 'Music Machine' show, and 'Saturday Sportscene' during the football season.

These days I'm found more "behind the scenes" holding the Charity Trustee positions of Secretary and Treasurer, so looking after all the membership and charity admin, handle correspondence (which is thankfully by e-mail these days!), plus keeping on top of the accounts, expenditure and receipts.

Being semi-retired, I have a bit more time for other jobs around the station, including training some of our new presenters, editing a monthly membership newsletter and also as part of the team looking after the IT systems that keep the station broadcasting these days!

Oh, and I also get most of the new music for the station. Yes, gone are the days when I would pay a weekly visit to a local record store to grab the latest selection of 7-inch singles to add to our shelves... now I download an MP3 file from the internet (legally I might add!) and then import it into our music playout system.

You'll also find me at most of our Outside Events during the year which are vital fundraisers that keep Radio Wey on-air and able to hopefully bring some cheer to those both in and out of hospital. You can always listen to us at home too over the internet!



“

**I've been a proud member of the station since 1977 (no, I can't believe it either!)**

---

**Pete Bray**  
Secretary and Treasurer



# Hospital Broadcasting

## an Impact Survey

The Hospital Broadcasting Association (HBA) commissioned an independent piece of research into the impact of hospital broadcasting on the health outcomes of patients. A UK wide study was completed involving over 250 individuals including patients, staff and hospital radio volunteers.

Here is a summary of what the Study revealed, in that there was evidence of hospital radio stations having an impact on psychosocial health outcomes in the following ways:

- Boredom reduced by entertainment
- Loneliness reduced by social interaction

- Anxiousness / frustration reduced by being calming and reassuring
- Disorientation reduced by creating a sense of belonging
- Depersonalisation reduced by making one feel like an individual
- Health and wellbeing awareness increased by providing information

Participants in the research recognised the positive impact of hospital radio on reducing boredom, loneliness and anxiousness. Moreover, insight from the research revealed that hospital radio was actually positively influencing all of these psychosocial outcome measures.

**Hospital Broadcasting**  
An impact study

Research undertaken by:  

On behalf of: 

For the full report, and more information, please visit [www.hbauk.com/impact](http://www.hbauk.com/impact)

# The joy of speaking

about Classic Music and Eurovision



Music has always fascinated me, because it pulls at our heart strings, draws us back in time to powerful memories, accompanies our celebrations and farewells, and offers something unique. It speaks across languages, across time, across cultures and across our senses. Yes! Music is visual, aural, and felt. Music completes film, adds emotion and depth to dance, and voices song lyrics in sonic shapes and patterns beyond words.

This is why I have developed a varied career in which I teach music (I am currently Head of the School of Arts at York St John University), I perform as a trumpeter (currently for Aldworth Philharmonic Orchestra in Berkshire), I write on music including books on how music delivers meaning in a variety of settings, I broadcast on radio including speaking on Eurovision and the BBC Proms (talking about local composer Ruth Gipps), on ABC Australia talking about Paul Dukas, and of course, I present a show on Radio Wey called Helen's Classical Journey for 2 hours on Sunday afternoons.

My show is all about music written for orchestral instruments, but it is not elitist, stuffy, dry or old fashioned. Not at all. I explore music written for film, TV, video games, the concert hall, for dance, for opera and for musical theatre. I share music ranging all the way back to the medieval era (including the abbess, Hildegard of Bingen) freshly recorded for today's audiences, and have included music newly released in contemporary music circles, in film and in the concert hall. I think it's important to go beyond traditional programming to include a

wide range of musical voices and to chart the joys, emotions and various cultures of music. I've included music from across four continents to date, and as such have used the word 'journey' in my programme title as I span the globe and more than a millennium of music.

So why have I also spoken about Eurovision too? It's very different! I love Eurovision for its cultural mixture, its immediacy through music, lyrics, dance, and lighting, and its ever-changing vibrancy which reflects current European (and now Australian) musical tastes. This year I spoke on many regional BBC radio stations, talking about music as communication. I've written a few news items on Eurovision, see for example <https://theconversation.com/eurovision-2023-voting-changes-show-the-contest-has-always-been-political-201321> and the BBC recently interviewed and cited me here about the voting process, <https://www.bbc.com/future/article/20230512-eurovision-why-some-countries-vote-for-each-other> Music is about choice – for the composers, the performers, and the audiences. We all choose what we create, how we do it, and what we chose to listen to and how. With online streaming and a digital world, we're more able than ever to engage with global musics and to listen wherever we are. I feel a great sense of responsibility to share a wider experience of music in broadcasting and in teaching. I love sharing underrepresented historical composers, introducing new contemporary composers, and readdressing the programming balance to include women composers (yes, they exist, there are loads of us!), and to ensure that audiences can hear the well-known tunes and themes.

## WANT TO LISTEN TO PREVIOUS SHOWS?

They're all available on catch up on [helenjuliaminors.com/broadcasts](https://helenjuliaminors.com/broadcasts)



You might wish to revisit the sound walks around the Lake District of Chennai (in India), my film celebrations of Charlie Chaplina or John Williams, the overview of the music of the Marvel Universe, a celebration of Audrey Hepburn, or a chat about local composers, as much as the anniversaries of Beethoven, Mozart or Debussy, an exploration of TV theme tunes, or the introduction to Florence Price, Lili Boulanger or Fanny Mendelssohn.

# Outside events

## Why not book us for your next event?

Did you know that Radio Wey raises money to fund the station and keep it broadcasting, partly through providing music and public information address at many outside events throughout the year in the local area?

We have a talented team of presenters who go on the road along with our extensive set of amplifiers and speakers, along with Radio Wey's wide range of music for any occasion; all housed under our branded gazebo! If you have your own PA gear and just need hosts and music... that's fine too!

You can regularly find us at many local Summer fetes and fairs, and we are often in Walton-on-Thames at their Heritage Day in September and the Festival of Light in November where the Christmas illuminations are switched on! We can also provide audio facilities for any independent performers at the event to play their music or output. All the funds raised from Outside Events are put back into the Charity to maintain and improve our radio service in the hospitals and for the local community in our aims to ease any pain and suffering through music and entertainment, and to promote healthy lives.



We also have 'Inside Events' around the hospitals from time to time where patients and staff can see us in action!

If you'd like Radio Wey at your event, then drop us an email to [events@radiowey.org](mailto:events@radiowey.org) with as much detail as possible and we'll get right back to you.



# The Wey we were

The origins of Radio Wey go back to the mid-1960s when two friends, Alan Timbrell and John Best, spent some of their leisure time visiting patients in Weybridge Hospital and finding out what kind of music they liked. The patients' choices of music were then recorded onto a tape recorder in Alan's home. They then returned to the hospital with the tape recorder and played the music to the patients on the wards.

Once acceptance was gained, the hospital offered a room for the production of programmes. At that time there was no ready made equipment for a home studio, therefore it was necessary to construct equipment from kits produced for radio DIY enthusiasts. A basic studio with an interviewer's desk and record storage was constructed which made it possible to broadcast live programmes to the wards over the patient headphone system, which were initially Bakelite, later to be replaced with the plastic tube Stethoscope system. The first live broadcast was on October the

5th 1967. The schedule at that time consisted of 13 Hours of programmes a week, presented by three Broadcasters.

The studio at Weybridge was then linked to other hospitals using (as it was then) GPO telephone lines, and eventually broadcasts were made to Weybridge, Walton, St Peter's, Ellesmere and Ashford Hospitals. There was also a link to Stompond Lane football ground, which enabled live 2nd half commentary on Walton and Hersham's home games. The first commentary was broadcast on 11th October 1970. At a later date the HRW network was extended to Woking Victoria Hospital.



## The van was fitted out specifically for Radio Wey use and gave excellent service.

By 1971, Hospital Radio Wey had grown to 23 members who were presenting 30 hours of programmes a week.

Programmes consisted of patient requests, collected by a Hospital Radio Wey (HRW) member visiting the wards. Each member would visit a specific ward and the requests would then be played at a specific time each week for each ward. There were also specialist music programmes such as classical music, country and western, big band and jazz.

Early in 1973 the DIY studio equipment was replaced by a custom built mixing console. The re-opening on Sunday 8th April 1973 featured a day of special programmes by guest presenters from BBC and commercial radio. Those participating were Tony Brandon, Noel Edmonds, Terry Wogan, Johnnie Walker, John Dunn and Keith Skues.

Another landmark came in 1978 when Hospital Radio Wey, became a Registered charity. Its registration number being 275620.

The studio at Weybridge had become affectionately known as 'the shoebox' due to its small size and shape and it was not possible for HRW to develop it further. In 1984, HRW was offered accommodation at St Peter's Hospital and this presented an opportunity to expand beyond the cramped single room at Weybridge. The building that was offered had been the hospital's telephone exchange and it needed

considerable alterations to make it suitable for use as a broadcasting studio and record library.

Estimates for the new studio equipment amounted to nearly £7,500 with £2,700 being needed to refit the equipment being re-used from Weybridge into the second studio. With the Transfer to St Peter's complete, an official opening of the new studio complex was held with guest of honour Sir Cliff Richard.

To enhance its outside broadcast capacity, HRW invested in a new caravan. The events attended also offered fundraising opportunities. The van was fitted out specifically for Radio Wey use and gave excellent service until it was sold to another hospital radio organisation; a decision taken because so few members had cars with tow bars, needed to take it to events.

Changes in the NHS also affected HRW. With the closure of smaller hospitals, the service to Ellesmere, Walton, Woking and eventually Weybridge ceased as these hospitals closed or were given new healthcare roles. This left HRW just serving Ashford and St Peter's Hospitals.

One of our programmes is our Sunday morning, 'Good News' religious programme. The building of the new Accident & Emergency wing at St. Peter's included a new chapel to replace the one on The Ramp, which



was scheduled to be demolished. During the construction, permanent wiring was installed above the ceiling to enable non-intrusive microphones to be installed. Radio Wey now began to broadcast a live service from the chapel on the first Sunday of each month and this continues today. Digital equipment for broadcast use continued to be developed. HRW adopted the use of a digital playout system known as 'Myriad.' Music tracks could be stored on a computer and accessed by a keyboard or screen. One advantage was the space saved in the music library which had become full of vinyl records and CD discs. The development of Internet applications has also impacted on broadcasting. In 2007, HRW made its programmes available through its website. This made it possible for hospital staff to access the programmes and facilitated introduction of the service into nursing homes. Sports fans who were away from home also found it possible to keep in touch with the fortunes of local teams.

By around 2005, the equipment installed in the late 1980s was becoming time-expired and difficult to maintain. HRW's plans at that time were to get better premises and a new studio appeal was launched. Consultation with the hospital authorities began. Plans were drawn up for a replacement studio on the same site as the existing building. Planning permission was obtained. A lottery application to cover the construction costs of £100,000 was unfortunately unsuccessful and the scheme could not proceed. Other options were considered but none could be turned into a practical, affordable scheme. In 2007, a decision was taken to refit Studio 2. New studio furniture, mixing desk and other equipment was installed after redecoration. This was completed in September 2007. The following year, the mixer in Studio 1 which had seen service since 1978 failed and that studio was then completely refitted to the same specification as Studio 2. Having two identical studios made it easier to

train new presenters. The refit of both studios cost £40,000, depleting the charity's funds.

In recent years, we have had presenters who have retired or work shifts and this has enabled us to offer daytime programming in addition to evenings and weekends.

What has made HRW the success it has been for the past 50 years has been the dedication and commitment of the members, all of whom are volunteers. There have been many over the period HRW has been operating – some have been with us a short while and some have never left. Some have used their training and experience to go on to careers in professional radio and television.

Today Radio Wey has 48 members with 16 associate members who work together to present 91 hours of live programmes each week. They also carry out all the roles necessary to run the station such as administration, maintenance of the equipment, and raising funds. As Hospital Radio Wey has no income or grant aid it needs to raise all money it needs to run the Station. This comes from member's subscriptions, donations and fundraising activities.

If you would like to assist we would welcome any donation you are able to make. Should you feel like getting involved and joining the Radio Wey team, please see our website for details. The web address is [www.radiowey.org](http://www.radiowey.org) where you will also be able to listen to our programmes.

“

Today Radio Wey has 48 members with 16 associate members who work together to present 91 hours of live programmes.







We provide a radio service to the patients and staff in Ashford and St. Peter's Hospitals

# Feel-Good Radio

We do hope you get the opportunity to listen to what we offer as we are all enthusiastic in what we do at the station. However Radio Wey does need to raise funds to operate - in order to do this, Hospital Radio Wey is a registered charity - Charity No. 275620.



We provide a radio service to the patients and staff in Ashford and St Peter's Hospitals, as well as reaching out to our local community and organisations, especially those within the caring and support sector. We also have an appeal to people locally who are interested in a healthy lifestyle or may be recovering from illness.

A third of our annual running costs are covered by subscription fees paid by all the volunteers at the station and the rest is raised by the team by offering our services at local events and functions. There are a number of ways you may be able to help us:

- We can provide a public address and music entertainment system for local fetes and functions. Many of our regular local events include the Ottershaw Summer Fair, the Lyne Village Fair, the Lyne & Longcross School Fair, the Walton-on-Thames Heritage Day, the Staines Christmas Fair, and the Walton-on-Thames Festival of Lights. We would also like to thank those organisations which have supported our charity: the Woking Lions, the Rotary Club of Chertsey, Parklands Manor Care home in Chertsey, Visiting Angels of Middlesex, Rivermede Court Care Home and ASDA supermarket. We can also attend sporting events and functions both indoors and out, providing music, commentary and announcements, so why not contact us to discuss your requirements.

- We offer a number of Supporters' deals where we can help, promote your business. Supporters deals includes:
  - Professionally produced link which is broadcast twice an hour during a selected time-period.
  - Website promotion including graphic link to sponsor website from our home page.
  - Support Deals range from £150 to £550 per year depending on time-slot selected, and you can see some of the companies already taking advantage of our service in the 'Our sponsors' line on the home page of our website [www.radiowey.org](http://www.radiowey.org).

**Thank for your assistance so we can keep offering this service to the hospitals and local community.**



We are also grateful for the assistance and support provided to the station in providing goods and services by many other organisations. So, if you can help us or your business would like to sponsor Radio Wey or you are able to support us in some way, please get in touch. Either email [info@radiowey.org](mailto:info@radiowey.org) or call the studio on 01932 874433.

# meet the team

## Pete Bray

I've lived in Walton-on-Thames for over 35 years with my wife and two daughters, had a career in IT which took me all over the world, learned to fly small planes and try to keep up some regular swimming at a local pool to keep healthy... always a great start to the day! My musical tastes cover many genres and years, but I'm most often found bringing you the best from the national charts and working behind the scenes at the station.



## Roger Manley

Roger has been a member of Radio Wey since 1972 and has held the posts of Outside Events Co-Ordinator and Chairman. He presents a two hour show on Sunday mornings called 'Mid-Morning Mix'. His hobbies include tramways and light rail transit, steam trains, photography and travel. He retired from the railways upon privatisation. His musical interests are German Oompah music, and his favourite artists are Dire Straits, the Eagles and Shania Twain.



## Robert Chantler

Rob has been with Radio Wey since 2007 and currently presents Rob's Jazz Club every Sunday at 1pm. A professional playwright, he trained as a counsellor and psychotherapist, and then as a teacher, and has a small theatre group that produces plays by new playwrights. The Manor Players, help bring some of his productions to life. He volunteers with St John Ambulance and enjoys as much quiet time as possible, enjoying nature and looking after the environment.



## Carl Fraser

Carl first joined Radio Wey in 1990. After spending many years with the station, he moved out of the area, but has recently re-joined. He presents 'Remembering the Music' on Friday afternoons. Carl spent 3 years at AA Roadwatch and could be heard presenting travel news on many radio stations across the South-East and nationally. He also worked for BBC Southern Counties' Radio, going out and about in the radio car, reporting from various local events. Outside of radio, Carl is a Community First Responder, and enjoys running and cycling.



## Fiona Ward

I joined Radio Wey in 1998 and trained with Clive Stevens. After a while I took over a programme called Rock 'n' Roll and All That Jazz. I have changed programmes and hours a couple of times since then. I'm pleased to present Soundtrack on Tuesdays from 5pm to 7pm. The programme comprises of music from the movies including the latest releases to the golden oldies.



# meet the team

## Alan Dolby

Alan was born in Walton-on-Thames and lived there for the first 22 years and has now been living in Ottershaw for the past 15 years. He says he somehow got into management without anyone noticing and currently works on Epsom Downs as a senior Electronics consultant. Radio Wey joins his love for Electronics, healthcare and Radio all into one. Many years ago he was into Heavy metal while studying at Kingston University, has mellowed ever so slightly and now hosts the classic rock show, Rock This Wey, every Friday night. His interests include running, DIY and playing the front half of a camel in the Chertsey Pantomime!



## Chris Hussey

Chris has been involved with Radio Wey for 15 years and loves radio through and through; in fact, Chris would like to work on the radio himself one day. "My favourite presenters are Kenny Everett, Chris Tarrant, Tony Blackburn and, of the new brigade, most probably Chris Evans and Chris Moyles. However, I love all radio and have in fact applied to Radio Jackie for work in the past and I am keeping my fingers crossed". Starting his hospital radio career in 1989, originally volunteered at Wycombe Radio. He now also volunteers at Kingston Hospital Radio but thoroughly enjoys his role at Radio Wey where he produces and presents 'Audio Feedback'. Listeners can get involved with requests and games.



## Jim Coombe

I have been a member of Radio Wey for over 55 years. I was invited to join when Radio Wey had it's studio at Weybridge Hospital in what was affectionately called the broom cupboard. My home is a bungalow in New Haw where I have lived for 60 years with my wife Jeanne and son Barry until he married and moved to pastures new. Barry has made me a doting Grandad to two great children Christopher and Amy. I present a music programme on a Thursday evening between 7.00pm and 9.00pm and play mainly 50s and 60s music that was recorded on vinyl. I am also a volunteer at St Peter's Hospital and if you ever have to attend the hospital on a Monday morning. Come and say Hello, I would love to meet you.



## Carla Adebekun

Carla is Radio Wey's gospel and good news radio show 'Inspire' host by night, and by day a current trainee teacher at Oxford University. Carla has a love for all things community, including involvement in her local church, helping with their student work and music band. Her favourite hobbies include singing, travelling, great food, and of course, bringing positive news and a variety of gospel music to Radio Wey's listeners.



# meet the team



## Helen Julia Minors

Professor Helen Julia Minors is Head of the School of Arts at York St John University and Visiting Professor at Lulea Technical University, Sweden, and formerly School Head of Performing Arts at Kingston University, London. She is an advocate for widening diversity and access and co-founded and co-chaired the Equality Diversity and Inclusion Music Studies UK Network. She is currently the co-lead of the Women's Musical Leadership Online Network, funded by the Arts and Humanities Research Council. She is administrator and trumpeter for Aldworth Philharmonic Orchestra and presenter for Radio Wey. She is an avid cook, gardener, singer, and Sc Fi fan. She has published widely on European music of the 20th century and on women in music. Her books include: Routledge Companion to Women's Musical Leadership: the nineteenth century and beyond, with Laura Hamer (Routledge 2024); Music, Dance and Translation (Bloomsbury 2023); Artistic Research in Performance through Collaboration with Martin Blain (Palgrave 2020); Paul Dukas: Legacies of a French Musician with Laura Watson (Routledge 2019); Building Intercultural and Interdisciplinary Bridges: Where Theory Meets Research and Practice with Pamela Burnard and others (BIBACC 2017); and Music, Text and Translation (Bloomsbury 2013). Articles and chapters have included writing on music in sci fi film, emotion in music, gesture and dance with music, improvising through Soundpainting, as well as more traditional pieces about composers (Paul Dukas, Claude Debussy, Lili Boulanger, Benjamin Britten) and about higher music education.



## Steve Chambers

I joined Radio Wey in 2006 after my retirement from British Airways as a Cabin Service Director. Now I no longer had to live out of a suitcase, I was able to take up something I could participate in on a regular basis. My wife suggested my local hospital radio station, most likely as a ruse to keep me out of the house and from under her feet, so Radio Wey suited us both. During my time here I have presented two weekly shows: one of the Brunchtime Breakfast slots and an hour-long show on a Thursday evening called MiTunes, where I play my own choice of chilled-out Jazz, New-Age, World, Latin and Indie music. When Rachel and I moved to Dorset in 2019 I sadly had to say goodbye to all the lovely people I have met over the years but as I have a studio at my new home I can still send in my weekly MiTunes show. I therefore hope you will relax with me to some cool music whenever you can. I have also begun a new career as a voice-over artist and have so far appeared on quite a few TV and radio ads.

# meet the team

## James Friend

James joined Radio Wey over 20 years ago, started out on our request shows and has been a regular member of our SportScene team ever since. As a presenter of Friday Night SportScene, James brings together the very latest local sports news to whet your appetite for Saturday SportsScene where he divides his time between the live action and the warm studio. James is an active member of his local community playing cricket for his village team, as a member of the local authority and as churchwarden at a Grade One listed church. You can follow James on twitter @friend\_james.



## Jamie Reynolds

I joined Radio Wey in April 2023 to learn new ways of presenting after 10 years at Radio Frimley Park, where I had my own live show every week. I started my career in Radio with the famous but now defunct Eagle Radio as a volunteer presenter on their Extra station, interviewing local people and celebrities. My work included hosting chat show format discussions as well as outside broadcast interviews on the streets of Surrey. One of my favourite shows was an interview with Connor O'Shea, at that time Head Coach at Harlequins Rugby Club. I learned the technical side of the radio business as an Intern Programme Editor at Eagle Radio, working with their DJs among other tasks. My interest in all things technical started when I did the Stage Lighting, Sound and Special Effects for School productions and did a solo gig supporting professional act, Classical Graffiti. I really enjoy co-hosting on Radio Wey with Nigel Truscott-Smith, with whom I have found a natural chemistry and a fun presenting partnership.



## Chris Ashbey

I started with Radio Wey in April 2019 after 18 years of service as a Scout leader, and to be honest I don't miss soggy wet and muddy camp sites! I've lived in Staines and Ashford all my life and Music has always been a big part of it. I learnt to play the Bass guitar at school and have also picked up other instruments like keyboards and drums. I think the DJ fascination started when I was about 19 and I started collecting 12" singles, mostly House music, and then got myself a pair of turntables and a mixer. At the time I was in a band with 2 friends and we managed to record and produce 2 albums in his amateur studio. I started my training with Matt Richings soon after joining and became a regular co-presenter on Tuesday nights Request Stop. I've also been part of the Hospital Open day last year and the Walton Festival of Light events last year. During my training I was lucky enough to cover some other shows and I got my final big break on New Years Day when I covered Brunch Time Breakfast. Now in 2020 I am presenting my own request show on a Wednesday night for the Maternity ward and am looking forward to other Radio Wey events too.



## Colin Spencer

Originally from Leicestershire, Colin put roots down in Surrey and his two children were born at St Peter's. With broad tastes and a personal collection built over 35 years, any spare time that can be devoted to music is time well spent as far as Colin is concerned! While Radio Wey was Colin's first time broadcasting, he has broadened his experience and enhanced his skills with other stations, and, before radio, was a student journalist (reviewing music, bands and gigs), had his own recording studio and record label, compiled albums of new and back catalogue music.



## Rob Day

I have been involved with Hospital Radio Wey since 1990 and I am still very passionate about the radio station. Over the years I have presented many different types of show and, this has given me an eclectic range of genres but currently, I present Tuesday's edition of the Brunchtime Breakfast Show. This covers many features that are produced by a very good friend of mine, Tim Matthews, which he makes especially for our Radio Station. These include a Spy story called A Thin Chalk Line, Mystery Moments, Ghosts of Surrey, and Astounding Facts, which are quite quirky.



## Richard Lightbody

I have lived in Surrey for 6 years after moving up from West Sussex. I currently work as Cabin Crew based at Heathrow traveling to different parts of the world. When I'm not at 38,000 feet, you'll find me cooking in the kitchen or washing my Alfa Romeo. I have an eclectic range of music from the 60s through to today. Some of my favourite artists are, Dua Lipa, Jamiroquai or The Rolling Stones. I have a show called Richard's Music Odyssey on Saturday's from 11:00-13:00.



## Gemma Nash

I've been presenting 'Musical Gems' on Radio Wey since April 2022. I play a wide variety of music, from the fresh chart hits to older classic R&B, maybe even some reggae! In between songs I like to have a fun and upbeat chat, talking about the music or maybe some strange news stories that I've read recently. Listen in on Sundays from 3-4pm!



## Maria Lopiano

I have spent much of my working career in the entertainment industry. I was trained at a young age in dance, singing and acting. I started my career as a dancer, working on the West End Stage as well as the odd movie musical - I can be seen in the original Mamma Mia Movie. I started my radio career at Radio Wey. Here I host my own brunchtime show on Saturday mornings and the Magic at the Musicals show on a Sunday evening. Back in 2020 my co-host Katharine Mann and I won a Gold Medal at the Hospital Broadcast awards for our children's request show. I also work in Events, sourcing, scheduling and managing acts from all around the world for large events. I have always lived in the area and I love my time with the Radiowey team.



# meet the team

## Andy Brown

Andy has been involved with the station for over 30 years. His first programme was the St Peter's Maternity Request Show on Sunday afternoons. When collecting requests, he was once mistaken for a doctor by one of the new mums and asked why he was not wearing a white coat. Currently, Andy is taking a break from regular broadcasting however he is on the rota for presenting Saturday SportScene as well as the Friday evening programme. These shows cover local sport in the North West Surrey and Middlesex area. He also enjoys presenting at our outside events that we attend as well as interviewing the crowds and personalities who turn up whilst we are out and about. When not on the radio, he enjoys cycling and walking and has been known to cycle to the studios from his home in Weybridge. He also is a keen baker and likes to travel. Along with his wife, Jan Brown, he compiles our weekly Artists Request Chart, based on all the record requests we collect at the station.



## Jan Brown

Jan joined Hospital Radio Wey in 1990, and underwent her training on the Children's Show. Members helping to train her included Will Kinder, who now works for BBC Radio. Over the years, Jan has presented request programmes for the patients and staff at St Peter's Hospital and The Artist Request Chart Show, as well as covering for other presenters. She now presents Musical Memories on Monday at 5pm. She and Andy Brown met at Radio Wey and have subsequently married. Apart from Radio Wey, Jan's hobbies include travel, photography, exercise classes and cycling.



## Ben O'Connor

I have been involved with Radio Wey for over 15 years, firstly as a Reporter and now as a Presenter and Commentator as part of the Sportscene Team. I can be heard regularly commentating from games at either Woking FC, Staines FC or Hampton and Richmond Borough FC. I live in West Molesey with my long-suffering wife and my two boys and I work as an External Moderator for an Awarding Body. I am very proud to be part of the Sportscene family and to be involved in the broadcasting of the entertaining and exciting world of local sports.



## Simon Boyle

Simon is an ex-pubican who has been presenting with Radio Wey since returning to Surrey 13 years ago. Surrounded by music and always involved in some way or another, he keeps up with the up and coming rock/pop guitar bands as well as his taste in classic 70s music. He is happy to play your requests on a Friday afternoon.





## Anita Reynell



I'm delighted to be joining the fabulous team at Radio Wey. It's been an ambition of mine to work in Radio: So, to my background – it's an eclectic mix of classical music education, working for an international airline, raising a family, to singing with a contemporary A Cappella band. Way, way back, I studied violin, piano and singing at the Royal College of Music and then at Goldsmith's College, London University. Putting my German language skills to work, I then worked as a Flight Attendant for United Airlines, where I became a Purser.

Two decades later(!)... an opportunity enabled me to take a separate tack, singing for a touring Opera Company. I now teach all my instruments, focusing on singing. I also sing in a contemporary A Cappella band called Academix! Most recently, I've been helping my church keep their live-streaming going during Lockdown and we continue to strive to adapt to the changing climate. My latest skill learned is being able to sing and play piano at the same time!!...

Singing is what keeps me sane, but I love to chat too, as my friends will testify! I can't wait to get to spend time with you, sharing my choice of music and lifting your spirits with some humour and banter. Bear with me as I learn the ropes and I promise that I will play your requests and spend time with you on the wards as and when we can.

## Matt Richings



I joined Radio Wey in late 2014 after searching for hospital radio stations in my area. Radio presenting has always been my dream. Originally from Berkshire, I have had many years' experience starting from my early childhood years producing stories and radio shows on cassette with a mix of music and jingles I created myself and with friends. My first experience of a real radio studio was in 1994 with a visit to 2-TEN FM in Reading with a friend and we had a go at our own news report and got our planes and trains mixed up! Later I developed my skills and confidence as a mobile DJ for children's parties in the late 90's with a little help from my musical parents who already had the essential equipment to get me started. These days I find myself performing on the Wedding and larger corporate events circuit in mostly posh hotels. My hobbies include film projects, having a good ramble, amateur dramatics and drinking real ale. I am thankful to have had my training with Rob Day and my first show was broadcast on Saturdays and called Pick 'n' Mix. Despite having a winning formula for my show I am always keen to innovate and try new ideas. I now present The Request Stop on Tuesdays which I broadcast live from my home into the studios and then out via the Radio Wey network. Whilst not my Idol per se, Steve Coogan's infamous Alan Partridge has given ample inspiration for what not to do in my role. I was very proud to be nominated at the 2016 Hospital Broadcast Association awards for best newcomer and was shortlisted within the top 10 in the country. I am also pleased to devote my time in other ways at the station and I like to be involved with other charitable events at live outdoor broadcasts.

# meet the team



## Clive Stevens

Former Chairman Clive has been a member of the station since 1990. He has been involved in many aspects of its operation since then, including Secretary, Fundraising Officer, Outside Event Coordinator and Recruitment & Training Officer. Over the years he has presented request shows for Ashford Hospital & Whitegates Care Home, a magazine / interview style programme called Anything Goes and more recently specialist music shows such as Digging Up The 70s and Kaliveascope, which showcased his passion for instrumental music from the likes of Ludovico Einaudi, Jean Michel Jarre, David Arkenstone & Vangelis. His latest show is The Album Archive, which features an eclectic mix of album tracks, plus cover versions and live versions of well known singles from the 60s, 70s, 80s & 90s He plays in a local table tennis league and belongs to two Lawn Bowls Clubs. Alongside Pat Stovell and Ben O'Connor, he started up a walking football session in Staines with the help of the Middlesex FA and Radio Wey in 2014, which is still going strong today. He currently attends walking football sessions at the Xcel Leisure Centre in Walton.

### THE ALBUM ARCHIVE - WEDNESDAYS 11AM - 1PM

Featuring tracks from the 60s, 70s, 80s & 90s, Clive Stevens brings a great mix of album tracks plus some lesser heard singles alongside cover versions and live versions of well known singles from those decades. Born on This Day, Mystery Musicians, TrackStack, Music Map, Albums due for re-release, Music News, Album of the Week and a Top 20 Album Chart countdown from this week for two different years are just some of the shows features. You can take part by emailing the show at [studio@radiowey.org](mailto:studio@radiowey.org) or request your memorable album track by visiting [www.albumarchive.co.uk](http://www.albumarchive.co.uk) to browse show history and record your request too.

## Gayle Naylor

Gayle joins Chris Hussey for the Friday Getaway covering the weather and catching up on local events and news. She is known as W.G.G. - Weather Girl Gayle and so we have our very own Gayle warning no matter the weather. Assisting at StepGates Community School in Chertsey and, along with others, organises fundraising events to repair and refurbish the swimming pool at the school.

## Simon Frate

Simon has been involved in Hospital Radio for over sixteen years, and recently made his way upstream from Kingston upon Thames to join the team at Radio Wey. Other pastimes include squash and pool, but these would not transfer well to radio!

# Dingbats

answers on page 55

A dingbat is a puzzle where you have to guess the phrase that you determine, using a combination of pictures and words. Here is an example:

AGENT = Double agent  
AGENT

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

# Training

## and recruitment

Looking at training first, this falls into two areas; training for the existing membership and training new recruits. Like any activity, training and coaching is important as you are probably aware. Footballers, athletes, in fact anyone who takes up a sport needs to train and be coached, and the skill of presenting a radio programme is no different.

At Radio Wey, we offer ongoing training workshops which are open to all the members where we cover a specific topic each time. These topics range from how to prepare a programme, tips & tricks when presenting, interviewing skills, how to interact with people and all the different aspects of operating the equipment we use.

We also offer one to one coaching and feedback sessions. This training is also complemented by other sessions which are run by the Hospital Broadcasting Association both regionally and nationally as well as other courses offered by others. Though we are all volunteers, we do take our interest seriously and are keen to present to the best of our ability. For new recruits, we run a training course covering several

“

For new recruits, we run a training course covering several weeks which cover all the elements of presenting a radio programme.

weeks which covers all the elements of presenting a radio programme.

These range from the technical essentials of operating all the equipment through to programme preparation, content and presenting.

Turning to the other element of my role - recruitment. We do have a number of people interested in joining us and in terms of radio presenters we do have a waiting list. We feel it can be a waste of time of both the individual and those at the station if we do not have any vacancies that new recruits can fill once they are trained and hence we have ceased running regular training sessions.

Having said this, what are we looking for if you are interested in joining us as a radio presenter? We do not necessarily look for any experience

# Training

## and recruitment

in presenting, however we are keen to take on individuals who are enthusiastic and committed. Training someone from scratch can take in the region of six months. This consists of weekly training sessions hence the recruit needs to commit the time each week to attend and practice what is being taught. Each weekly session lasts around two to three hours. As we are a hospital radio station, the individual is required to complete a DBS check and other references which are carried out by the Hospital Trust. This is required as you will be expected to visit patients and staff on the wards to collect requests and explain how Radio Wey operates and can be heard there. We also require everyone to get involved with other elements of the station such as fundraising and outside events, hence the need for a regular commitment is imperative.

If you are interested in assisting in other areas such as studio engineering, fundraising, public relations or a side we may find useful, please also consider applying to join.



### **WANT TO APPLY OR EXPRESS AN INTEREST IN JOINING?**

Visit our website [www.radiowey.org](http://www.radiowey.org) and look under the 'More' section for 'Join us'. There you will find all the details as well as our application form.

Unfortunately, as we are volunteers, we are unable to offer any work experience or similar at Radio Wey as we are unable to meet the criteria that these schemes require.

# Your guide to Ashford and St Peter's Hospitals

## VISITING

Visiting times vary from ward to ward so please ensure you know the visiting times at the ward you wish to visit before coming to the hospital.

Most inpatient wards at Ashford, St Peter's and Woking Hospitals have visiting times between 2:00pm-8:00pm

There are exceptions though so for specific ward information regarding times and direct telephone numbers go to <https://ashfordstpeters.nhs.uk/patients/visiting-the-hospitals/visiting-times>

### Please:

- use the hand gel when entering and leaving the ward.
- respect other patients and keep noise to a minimum.
- no more than two visitors at the bedside and only bring young children if you really need to.
- help us minimise infection – don't visit if you are unwell, use the chairs and please don't sit on a patient's bed.
- do not use mobile telephones, cameras etc in patient areas.
- only bring in essential items for patients to keep areas clutter free.
- do not bring in flowers for patients (fruit, chocolate and biscuits are fine).

- do not use physical violence, verbal aggression or threatening behaviour towards staff as this will not be tolerated.
- your relative or friend may have agreed for you to ask questions about their condition or treatment – if you wish to speak to a member of staff please ask at the start of your visit so this can be arranged.

## FACILITIES:

### Cafes

We have launched new catering and retail services at Ashford and St Peter's Hospitals, with some major improvements to patient food, and a wider range of food and goods available to visitors and staff.

The new food offer for outpatients and visitors includes an exciting range of portable items, with fresh juices, filled wraps, salad pots, paninis and baguettes. All our facilities offer fresh bean to cup coffee, a range of fruit and herbal teas and freshly produced food.

Our vending machines offer a range of beverages, confectionery and ready meals. We hope you enjoy the new improved facilities and services, and make the most of our local area loyalty card offers.

## WHSmith SHOP

Situated in the Main Entrance, featuring grab-and-go snacks, sandwiches, fruit, snacks, cold drinks, newspapers, magazines, books, cards etc.

Mon to Fri: 8am to 7pm

Sat to Sun: 10am to 4pm

Vending facilities are available in the following locations:

- Level 2 main entrance: Costa coffee and cold drink.
- Level 3 Duchess of Kent opposite the lifts: Snacks, cold drinks & hot and cold food (microwave facility).
- Abbey Wing ground floor: Coffee, snacks and cold drinks.
- Accident and Emergency: Costa coffee, cold drink and food.
- Rowley Bristow: Cold drinks and snacks.

## PARKING

Like most hospitals, we have to charge for using our car parks. However, we do have free 20 minute pick up and drop off time at our hospitals. We also offer a number of concessions as well as a scheme for eligible patients to claim back their parking and travel costs.

Details of parking, the charges and concessions can be found at <https://ashfordstpeters.nhs.uk/patients/getting-here/parking>



# Chaplaincy

## Available at your bedside

You may meet someone from Chaplaincy during your stay in Ashford, St Peter's or Woking hospitals. We are a team of chaplains and volunteers who support the wider healthcare team in offering additional pastoral spiritual care when our patients or their loved ones request it.

Ashford and St Peter's Hospitals have a multi faith worship centre open daily for the use of patients, staff, volunteers, visitors and friends.

At Ashford Hospital, the Centre is to the left of the main hospital entrance. Each centre has a Multi Faith Prayer Room equipped with prayer mats, sacred texts and faith symbols. You will also find a Chapel and a Quiet Room. There are ablution facilities for those who observe ritual washing before prayer and purpose designed shoe racks for those who remove footwear. The centres are available for private prayer and quiet reflection.

On Radio Wey, we broadcast Good News, a weekly programme of religious music and thoughts at 9:00am every Sunday morning.

Many of our patients cannot visit the centres but appreciate an opportunity to receive prayer, sacraments or blessing at their bedside. If you would like a visit from a Chaplain, please ask someone to leave us a message on **ext 3324** or **01932 723324** if calling from outside the hospital.

If your request is urgent, ask someone to contact the hospital **switchboard dial 0** from an internal phone or **01932 872000** from outside to speak to the on-call Chaplain.

“

We are proud to work with the healthcare team and with voluntary groups such as Radio Wey and our Leagues Of Friends in supporting you during your hospital stay. Please let us know if we can help. We'd love to meet you. God bless you.





# Community Helpline directory

HELP • SUPPORT • ADVICE

## HOSPITALS

St Peter's Hospital	01932 872000
Ashford Hospital	01784 884488

## POLICE

Surrey Police	101 (non-emergency)
Crimestoppers	0800 555 111

## FIRE & RESCUE

Surrey Fire & Rescue Service	01737 242444
------------------------------	--------------

## COUNCILS

Surrey County Council	03456 009 009
- Adult Social Care	0300 200 1005
- Children's Social Care	0300 200 1006
- Schools	0300 200 1004
Runnymede Borough Council	01932 838383
Woking Borough Council	01483 755855
Elmbridge Borough Council	01372 474474

## HELP LINES

Age UK (Surrey)	01483 503 414
Alcoholics Anonymous	0800 9177 650
Alzheimer's Society	0330 333 0804
Childline	0800 1111
Citizens Advice Bureau (Addlestone)	01932 842666 / 827187
FRANK (Surrey Drug and Alcohol Care)	0808 802 5000
Give Blood	0300 123 2323
Mind	0300 123 3393
NHS 111	111
Relate	0300 100 1234
RSPCA (Cruelty Line)	0300 1234 999
Samaritans (UK)	08457 909090